



Content requirements for emergency care courses in order to be recognised by ARTI

Preamble

This document lays out the educational content that emergency care courses must contain in order for such a course, and the certification it provides, to fulfill the emergency care certification requirements of Athletic and Rehabilitation Therapists, Certified (ARTC). In order for this content to be delivered appropriately, 30 hours of course delivery is generally required.

Outline of Required Emergency Care Course Content

1. **PATIENT ASSESSMENT**
 - a. Primary Survey – Adult
 - b. Secondary Survey Medical – Adult
 - c. Secondary Survey Trauma – Adult
2. **RESPIRATORY EMERGENCIES**
 - a. Abnormal Work of Breathing – Adult
 - b. Oxygen Therapy
 - c. Asthma - Adult
3. **MEDICAL EMERGENCIES**
 - a. Basic Life Support – Adult (CPR and AED)
 - b. Foreign Body Airway Obstruction – Adult
 - c. Post-Resuscitation Care – Adult
 - d. Recognition of Death – Resuscitation not Indicated
 - e. Cardiac Chest Pain - Acute Coronary Syndrome
 - f. Altered Level of Consciousness – Adult
 - g. Concussion
 - h. Anaphylaxis – Adult
 - i. Fainting
 - j. Glycaemic Emergency – Adult
 - k. Heat-Related Illness
 - l. Hypothermia
 - m. Poisons
 - n. Seizure/Convulsion – Adult
 - o. Stroke
4. **TRAUMA**
 - a. Burns
 - b. External Haemorrhage
 - c. Harness Induced Suspension Trauma
 - d. Heat-Related Emergency
 - e. Limb Injury
 - f. Spinal Immobilisation – Adult
5. **PAEDIATRIC EMERGENCIES**
 - a. Primary Survey – Paediatric
 - b. Abnormal Work of Breathing - Paediatric
 - c. Asthma - Paediatric
 - d. Basic Life Support – Paediatric (CPR and AED)
 - e. Foreign Body Airway Obstruction – Paediatric
 - f. Anaphylaxis – Paediatric
 - g. Seizure/Convulsion – Paediatric
 - h. Spinal Immobilisation – Paediatric